


Preparing for Your Assessment




NOARC/CERNO

Find **TIME** in your schedule **6-10 hours**

- Initial appointment with practitioner (1-3 hours) 
- Two or three testing sessions (5-8 hours)
- Feedback session (.5 -1 hour)

ACCEPT offered appointments

- NOARC is located at Cambrian College – **watch for this on your caller id and in your junk email folder!** 
- NOARC will do their best to accommodate your schedule (if provided); however, **you may need to miss class time to meet with these professionals**
- NOARC will try to contact you twice; if you do not reply your file will be placed on hold (you can re-activate your file by contacting your disability services advisor)

PREPARE for your appointment

- Get a good night's sleep
- Take any medications you would normally take
- Bring your glasses and/or hearing aids to the appointments
- Eat before attending your appointment, and/or bring a snack



**NORTHERN ONTARIO
ASSESSMENT AND RESOURCE
CENTRE**

Located at:
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